

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025**Results - Session 6 (Warmup 4.25 - 5.25)****Event 203M Women 400 LC Meter Freestyle (MC Final) Multi-Class**

	Name	Age	Team	Finals Time
1	%Humphrey, Eliza S11	20	Swansea Uni/TB	5:44.04
	36.88	42.54	43.56	44.88
	44.18	45.80	44.49	41.71